

WHO IS SUITABLE FOR CIRCUMCISION?



The decision to undergo circumcision is very personal decision and one that should be made with thorough consideration and consultation with your doctor.

Mentioned below are the medical reasons for circumcision:

Circumcision is recommended in men who:

- Have been diagnosed with phimosis – a condition where the skin is too narrow to retract

- Have been diagnosed with paraphimosis- a painful condition where the skin cannot be returned to its normal position after it has been pulled back

- Have been diagnosed with recurrent balanitis – an infection of the foreskin

WHAT ARE THE ADVANTAGES OF CIRCUMCISION?



Circumcision alleviates the painful symptoms resulting from phimosis, paraphimosis and balanitis

HOW IS CIRCUMCISION PERFORMED?



Circumcision is performed general anaesthesia for patient comfort but may be performed under local anaesthetic for frail patients

The procedure is meticulously performed, often taking up to 45 minutes to complete

The redundant foreskin is cut away and the skin is accurately sutured, to create a shorter section of skin

Dissolvable stitches are used to seal the wound

WHAT TO EXPECT AFTER CIRCUMCISION?



Circumcision is a day procedure, and in most cases light activities can be resumed the following day
Strenuous activity and sex should be avoided for 4

weeks

The most common side effects include bruising and swelling of the penis and painful or burning sensations with urination. These side effects may be present for up to 2-3 weeks

Nocturnal erections may be painful during the recovery phase

PROCEDURE OUTCOMES



Circumcision is an effective treatment for phimosis, paraphimosis and balanitis.

Whilst it is not common, some patients experience decrease a loss of some sensitivity in the penis, which can occasionally lead to difficulty in reaching orgasm

Your surgeon will conduct a thorough discussion about the expected outcomes and potential risks of this surgery

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European Association of Urology, (2021), Circumcision,
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<https://patients.uroweb.org/treatments/circumcision/>],
accessed 27/02/21.