

WHO IS SUITABLE FOR A VASECTOMY?

Vasectomy is an appropriate procedure for men who:

- Are certain that they never want to have children
- Already have children but have decided that they do not wish to have more
- Have a serious health concern that is known to be genetic, and therefore do not wish to pass this on.

WHAT ARE THE ADVANTAGES OF HAVING A VASECTOMY?

- Vasectomy is considered to be a safe and permanent contraceptive solution
- It does not affect a man's libido, ability to have an erection or to ejaculate
- The procedure itself is relatively quick and simple

with fast recovery time

HOW IS A VASECTOMY PERFORMED?



The vasectomy procedure usually takes between 15-30 minutes

At Melbourne Urology Centre the procedure is safely performed under sedation or a quick general anaesthetic

A small 5mm incision is made on each side of the scrotum so that the surgeon can access the vas deferens

The surgeon locates the vas deferens tubes, cuts them and removes a small piece of tissue

The ends of the tubes are tied and sealed using diathermy to prevent them joining back together

WHAT TO EXPECT AFTER A VASECTOMY?



Following the vasectomy, there will be some minor

pain, possible swelling and bruising in the groin area and scrotum

If you have had intravenous or general anaesthetic, you will need someone to drive you home and you will not be permitted to drive for 24 hours following the procedure

Most usual activities can be resumed within just a couple of days, with the exception of strenuous exercise and heavy lifting, which should be avoided for a week or as advised by your surgeon.

PROCEDURE OUTCOMES



Vasectomy is the safest and most effective form of permanent contraception

It is very important to note that vasectomy is not effective immediately

It takes 2-3 months and up to 20 ejaculations to clear the sperm from the vas deferens; during this time you will still need to use other forms of contraception

A post-vasectomy semen test is required as a follow-up to confirm that the procedure has been effective

Vasectomy does not provide any protection against

sexually transmitted infections (STIs).

Written by [Dr. Shekib Shahbaz](#) and [Dr. Tony de Sousa](#)

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