

WHAT TO EXPECT



Pain – Local anaesthetic will be administered at the time of surgery so ensure you are comfortable when you wake up. You will notice some discomfort as this wears off over a number of hours. You will be prescribed pain-killers to go home with. Some pain/discomfort is expected for up to six weeks.

Sutures are absorbable and may in some cases take up to three months to fall off

Bleeding from the wound is common for first few days but may take longer to resolve. You should try to leave the dressings in place for 24-48 hours or as instructed by your surgeon

Penile sensitivity is common after this surgery and typically resolves within 6 weeks but may take longer in some cases

Swelling – some swelling and redness is to be expected around the wound as it heals. This typically resolves within 6 weeks but may take longer in some cases

RETURN TO ACTIVITY



Driving – no driving for first 24 hours and until comfortable to do so

Work – you will require some time off work. The duration will depend upon your occupation. You should plan to have at least one week off. You should discuss this with your surgeon *prior* to surgery to arrange a certificate

Lifting – avoid heavy lifting or straining for at least 2 weeks after surgery to minimize chance of secondary bleeding

Activities – walking is fine and encouraged after surgery. Strenuous activity including running, gym, golf, cycling and swimming should be avoided for 4 weeks

Sex – avoid for 4-6 weeks

FOLLOW UP SCHEDULE



Routine follow up is conducted after 2-3 months to allow for healing

WHEN TO GO TO EMERGENCY



Bleeding that cannot be controlled with light compression

Progressive and expanding swelling of the wound
– may indicate bleeding

Unable to urinate – this is uncommon

Fever, chills or shakes – this may indicate infection